

# Children's Menu

All of our children's meals are served with mashed potato or chips, peas or beans, and include a carton of apple or orange juice, or glass of squash. £5.95

**Cornish sausage**

**Lightly-battered chicken breast pieces**

**Crispy-battered mini fillet of cod**

**3oz prime Cornish beef burger**

Served in a Baker Tom's glazed roll.

**Kids' Margherita pizza**

**Children's ice cream** £2.50

1 scoop of clotted cream and vanilla, Belgian chocolate or clotted cream & strawberry ice cream, served with chocolate or strawberry sauce and mini marshmallows.

# Deserts

Served with either Callestick Farm ice cream or Cornish clotted cream.

**New York cheesecake** £4.95

Served Warm:

**Apple and cinnamon crumble** £4.95

**Sticky toffee pudding** £4.95

Served with hot toffee sauce.

**Alabama chocolate cake** £4.95

# Ice Cream

**Selection of Callestick Cornish ice cream** £4.75

3 scoops: Clotted cream and vanilla, clotted cream and strawberries, Belgian chocolate. Served with a wafer.

**Chocolate Brownie Sundae** £5.95

Warm chocolate brownie chunks, chocolate sauce, chocolate and vanilla ice-cream, topped with fresh cream and a wafer.

**Eton Mess Sundae** £5.95

Meringue pieces, fresh local strawberries, vanilla and strawberry ice cream, served with fresh cream and a wafer.

# Main Menu

Served from 5pm - 9pm



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# Welcome

We've used locally sourced, high quality produce wherever possible, so we hope you enjoy your meal with us.

Do ask if we can make tweaks to a meal to meet dietary requirements or preferences, and we'll do our best.

When you're ready to place your order, please make a note of your table number and order at the bar.

## From the Sea

**Crispy battered fillet of cod** £9.95  
Served with chips, mushy or garden peas, homemade tartare sauce and lemon.

**Wholetail breaded scampi** £9.95  
Served with chips, mushy or garden peas, homemade tartare sauce and lemon.

**Pan-fried sea bass fillet** £13.95  
Served with crushed Cornish new potatoes, roasted vine tomatoes and asparagus, and a lemon butter sauce.

## Salads

**Chicken, bacon and avocado** £9.95  
Char-grilled chicken breast, local back bacon, and ripe avocado tossed through fresh leaves, tomatoes and red onion, finished with our own light salad dressing and fresh bread.

**Mackerel salad** £8.95  
St Ives Bay line-caught mackerel with crispy skin, served with fresh leaves, tomatoes, red onion, and a horseradish and beetroot dressing, with fresh bread.

**Feta and olive** £8.95  
Marinated pitted olives, with soft feta cheese, tossed through salad leaves, tomatoes, red onion, and a light homemade dressing, with fresh bread.

**Scampi salad** £9.95  
Wholetail breaded scampi on a bed of fresh leaves, tomatoes, and red onion, drizzled with homemade tartare dressing and served with fresh bread.

## Meats and Grill

**8oz Cornish sirloin steak** £15.95  
Fresh, local steak, served with chips, homemade onion rings and a side salad.

**Add a homemade creamy pepper or Port and Stilton sauce** £2.50

**Cornish gammon steak** £9.95  
Served with chips, peas, pineapple and Cornish free-range fried egg, finished with homemade onion rings.

**Cornish Wheal Rose sausages** £9.95  
On creamy mash, with garden peas and rich gravy.

**Stable Bar burger** £11.95  
6oz prime beef burger served in a Baker Tom's glazed soft roll, topped with local back bacon, melted Cheddar, lettuce, tomato, and red onion, and served with chips.

**BBQ sticky ribs** £15.95  
Full rack of ribs, glazed with a sticky BBQ sauce and served with chips, homemade onion rings, and side salad.

**Hunter's chicken** £10.95  
Fresh chicken breast baked and topped with back bacon, melted Cheddar and BBQ sauce, served with chips, onion rings, and side salad.

**Pieminster steak and ale pie** £13.95  
Tender British beef and Real Ale gravy, encased in buttery pastry, served with chips or mash, and mushy or garden peas.

## Pizzas

Classic stone-baked, 9 inch pizzas with a rich tomato and basil sauce, finished with mozzarella.

**Margherita** £7.95  
Mozzarella and fresh basil leaves.

**Meat feast** £9.95  
Pepperoni, ham, bacon and fresh chicken.

**Ham and pineapple** £8.95

**Four cheese** £8.95  
Goats' cheese, Cheddar, Cornish blue cheese and mozzarella.

**Mediterranean** £8.95  
Roasted vegetables, goats' cheese and homemade basil pesto.

**BBQ chicken** £8.95  
Sticky BBQ chicken, red onions and peppers.

## Vegetarian

**Falafel burger** £10.95  
Homemade falafel burger, served in a Baker Tom's glazed soft roll, topped with smashed avocado and sweet chilli salsa, finished with lettuce, tomato and red onion, served with chips.

**Goat's cheese pasta** £9.95  
Melted goat's cheese, on a bed of rich tomato and penne pasta, with roasted Mediterranean vegetables drizzled with homemade basil pesto.

**Vegetable lasange verdi** £9.95  
Roasted Mediterranean vegetables in a creamy béchamel sauce, served with Baker Tom's garlic bread and salad.

**Portobello mushroom burger** £7.95  
Served with melted Cornish blue cheese, mustard mayonnaise, fresh salad leaves, tomato and red onion.

## Sides

**Olives** £2.95  
Marinated pitted olives.

**House salad** Large £6.50 / Side Salad £3.95  
Fresh salad leaves, tomatoes, red onions, and cucumber with a light homemade dressing.

**Chips** £2.50  
Seasoned with Cornish sea salt.

**Bread and butter** £1.50  
1 slice of Baker Tom's fresh bread, served with Cornish butter.

**Garlic bread** £2.95  
2 slices of Baker Tom's soft bread, baked with garlic butter.