

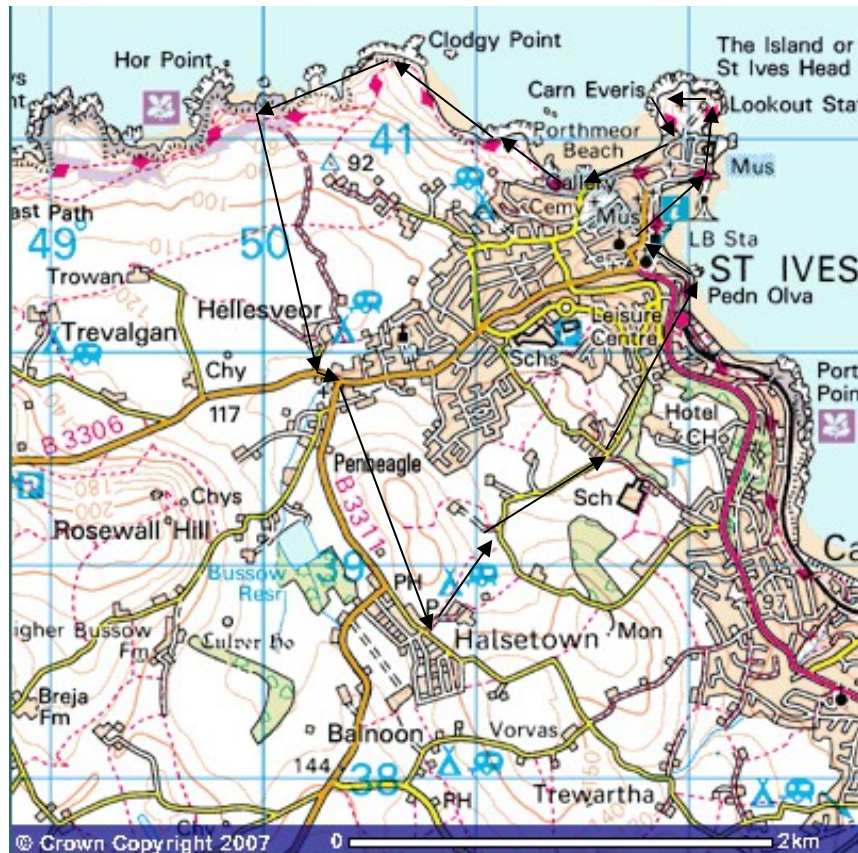
POLMANTER CIRCULAR WALK 2 ST IVES/HELLESVEOR

Distance: approx 4.5 miles

Time: 2-3 hours

Reference: Ordnance Survey map: Lands End 102

Facilities: Restaurants along the harbour front St Ives.



1. From Polmanter, take the footpath across the fields to the tarmac road. Turn left towards St Ives passing Carnstabba on the left and Tregenna golf course on the right.
2. When you reach the town, head for the harbour then follow the coast around the Island, Porthmeor beach and out to Clodgy Point.
3. Continue to follow the coastal footpath until you reach the National Trust property, Hor Point. Turn inland here and head for Helleveor Farm (there is a camp site here).
4. When you join the main road, turn left then right at the Roundhouse.
5. To get back to Halsetown, you need to walk along the B3311 which does not have a footpath, so care must be taken