

POLMANTER CIRCULAR WALK 1

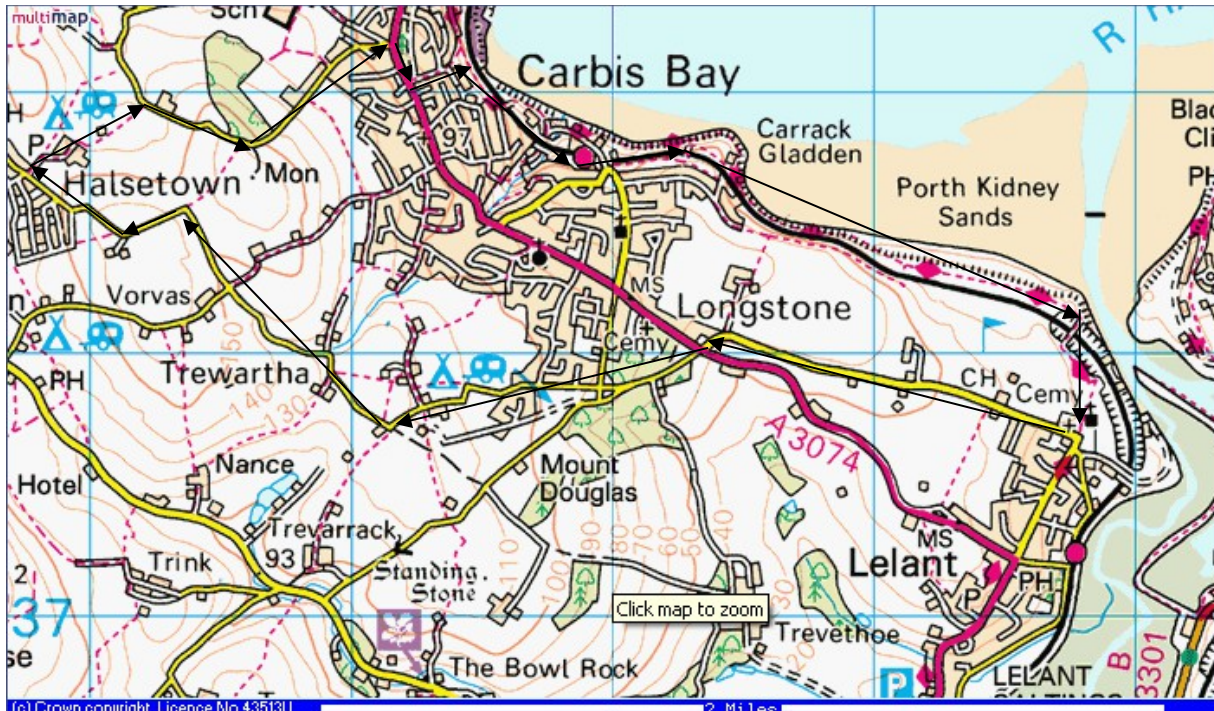
CARBIS BAY/LELANT

Distance: approx 7 miles

Time: 4-5 hours

Reference: Ordnance survey map Lands End 102

Facilities: The Cornish Arms, Carbis Bay Hotel



1. Take the path from the corner of Consols field and cross the field to the road at Hendra. Turn right and pass Knill's steeple to the main road.
2. Cross the road by The Cornish Arms then turn right then left at Wheal Margery to join the coastal footpath turning right towards Carbis Bay beach. Follow the coast path past Carbis Bay to the end of Porth Kidney Sands (dunes here for a lunch break?), then turn inland with Lelant Church on your left.
3. At Lelant church, turn right and pass the West Cornwall Golf Club to join the A3074 at the next junction. Go straight across the main road with care and then continue along Laity Lane, which brings you back to Halsetown and Polmanter.

** For a shorter walk, you could turn right from the beach at Carbis Bay, go up the hill to the main St Ives road, cross over to Trencrom Lane, pass the Carbis Bay Memorial Hall, then right at the next junction into Laity Lane. You can then follow this road back to Halsetown and Polmanter*